



2025 中國香港帆船運動總會 - 青少年帆船入門及基本技巧課程 2025 HKSF Dinghy Level 1- 2 Youth Courses

康樂及文化事務署資助 及 中國香港帆船運動總會主辦
Subvented by the LCSD and organized by the Sailing Federation of Hong Kong, China

歡迎 12 至 16 歲之青少年參加 Suitable for youth in age of 12 to 16

成功完成本課程的參加者，將能掌握駕駛風帆的基本技術及應注意之安全事項，並能在輕微至和緩的風力下，無須教練在旁指導而能夠駕駛風帆，及可申請中國香港帆船運動總會之小帆船二級證書。

By the end of the course the successful sailor will be safety conscious, have a basic knowledge of sailing and be capable of sailing a dinghy without an instructor on board in light medium winds. Sailors who passed the assessment may apply HKSF dinghy level 2 certificate.

帆船課程 Dinghy Course	課程編號 Course Code	課程日期 Course Date
第一級及第二級(合併) Level 1 & 2 (Combined)	HKSF-DYS-25-01	18-22 July 2025
	HKSF-DYS-25-02	
風帆入門及基本技巧 Intro to Sailing & Basic Skills	HKSF-DYS-25-03	25-29 July 2025
	HKSF-DYS-25-04	
	HKSF-DYS-25-05	8-12 August 2025
HKSF-DYS-25-06		

參加資格：任何能游泳最少 50 公尺的 12 至 16 歲青少年
Eligibility: Any youth in age of 12 to 16 who can swim at least 50 metre

上課地點：中國香港帆船運動總會小棕林訓練中心
清水灣坑口永隆路小棕林海灘

Course Venue: HKSF Little Palm Beach Sailing Centre
Little Palm Beach, Hang Hau Wing Lung Road, Clear Water Bay

訓練時間：0930 – 1730 (午飯時間大約是 1230 - 1330，請自備午餐)
Training Time: 0930 – 1730 (Lunch break at around 1230 -1330, please bring your own lunch)

每班人數：6 人
Class Capacity: 6 students

報名辦法

- 課程費用為每人港幣 550 元正。
- 開始接受報名日期：2025 年 5 月 1 日，中午 12 時正。
- 只接受網上報名，報名表格連結：
<https://forms.gle/iHZX1FqtngUYvApQ8>
- 獲取錄申請者將會另行通知繳費方法。
- 付款方式將通過電子郵件發送給被取錄之申請人。申請人需要在收到郵件後 3 天內付款，否則名額將會被取消。
- 名額以先到先得方式分配，額滿即止。
- 資料不全的申請，將一概不予受理。
- 本會將保留對上述條款之最後修訂權。

課程確認通知

課程開班前會以電郵寄出「確認通知書」以作核實。成功付款後，學員不可轉班或轉讓名額，退出者所繳交之費用一概不會退回。如課程未能如期舉行，本會將以電郵通知參加者。

若開班前一星期尚未收到任何通知，請致電我們查詢。

惡劣天氣安排

如香港天文台於上午七時發出紅色暴雨警告信號、黑色暴雨警告信號、三號或以上颱風信號課程將會取消。

強烈季候風信號或雷暴警告，課程將會如常舉行，教練將會根據當日天氣情況作出安排。

如因惡劣天氣而取消當日課程，將安排補堂，詳情請向教練查詢。

Application Procedures

- Course fee is HK\$550 per person.
- Application accepted on or after: **1 May 2025 at 1200 noon.**
- Only online registration is accepted. Application form link:
<https://forms.gle/iHZX1FqtngUYvApQ8>
- Successful applicants will be notified of the payment method.
- Payment method will be sent by email if the applicant got the space reserved. Applicant need to settle the payment within 3 days after receiving the email or the quota will be released to other applicants
- Enrolment will be accepted on a “First Come First Served” basis.
- Applications with incomplete information will not be processed.
- Sailing Federation of Hong Kong, China reserves its rights to revise the above procedures as appropriate.

Course Confirmation

A confirmation notification will be sent by email before the commencement of the course. Once the payment is done, no changing of course, transferring or refund will be entertained. In case a course cannot be held as scheduled, HKSF will inform applicants by email. Please contact us if no notification is received one week before the commencement of the course.

Arrangement under Inclement Weather

Courses will be cancelled if the Hong Kong Observatory issued RED or BLACK rainstorm warning signal, typhoon signal No. 3 or higher at 7am.

For strong monsoon signal or thunderstorm warning, the course will be held as usual. Instructor will arrange suitable tasks regard to the prevailing weather conditions

If course cancelled due to inclement weather, makeup class will be arranged. Please contact the course instructor for further information.

聯絡查詢 Enquiry

電話 Tel: 2504 8159

電郵 Email: sa@sailing.org.hk

地址 Address: 香港銅鑼灣掃桿埔大球場徑一號奧運大樓一〇〇九室

Room 1009, Olympic House, 1 Stadium Path So Kon Po, Causeway Bay, Hong Kong