



2025 中國香港帆船運動總會梯隊培訓計劃 - 青少年帆船課程 2025 HKSF Feeder Scheme - Youth Learn to Sail Scheme

康樂及文化事務署資助 及 中國香港帆船運動總會主辦
Subvented by the LCSD and organized by the Sailing Federation of Hong Kong, China

歡迎 8 至 12 歲之青少年參加 Suitable for youth in age of 8 to 12

少年帆船級別 Junior Sailing Course Level		課程編號 Course Code	日期 Date	上課地點及詳情 Course Venue and Details
少年帆船第一級 Junior Sail 1	入門訓練 Introduction to Sailing	FS-OP1-25-1	10-11 May 2025	中國香港帆船運動總會小棕林訓練中心 清水灣 坑口永隆路 小棕林海灘 HKSF Little Palm Beach Sailing Centre Hang Hau Wing Lung Road, Clear Water Bay 訓練時間：0930 - 1730 (午飯時間大約是 1230 - 1330 · 請自備午餐)
		FS-OP1-25-5	10-11 July 2025	
		FS-OP1-25-6		
		FS-OP1-25-9	17-18 July 2025	
		FS-OP1-25-10		
		FS-OP1-25-14	28-29 July 2025	
		FS-OP1-25-15		
		FS-OP1-25-19	7-8 August 2025	
		FS-OP1-25-20		
少年帆船第二級 Junior Sail 2	舵手訓練 Helmsman	FS-OP2-25-2	31 May-1 June 2025	Training Time: 0930 - 1730 (Lunch break at around 1230 -1330, please bring your own lunch) 每班人數：6 人 Class Capacity: 6 students
		FS-OP2-25-7	14-15 July 2025	
		FS-OP2-25-8		
		FS-OP2-25-11	21-22 July 2025	
		FS-OP2-25-12		
		FS-OP2-25-16	31 July-1 August	
		FS-OP2-25-17	2025	
		FS-OP2-25-21	11-12 August 2025	
		FS-OP2-25-22		
少年帆船第三級 Junior Sail 3	舵手進階 Skipper	FS-OP3-25-3	28-29 June 2025	
		FS-OP3-25-13	24-25 July 2025	
		FS-OP3-25-18	4-5 August 2025	
		FS-OP3-25-23	16-17 August 2025	
少年帆船第四級 Junior Sail 4	競賽入門 Start Racing	FS-OP4-25-4	5-6 July 2025	
		FS-OP4-25-24	23-24 August 2025	
		FS-OP4-25-25		

參加資格 Eligibility

少年帆船第一級 Junior Sail 1	任何能游泳最少 50 公尺的 8 至 12 歲青少年 Any youth in age of 8 to 12 who can swim at least 50 m
少年帆船第二級 Junior Sail 2	任何 8 至 12 歲青少年, 曾經完成中國香港帆船運動總會少年帆船第一級 (可以同時報名第一級和第二級課程) Any youth in age of 8 to 12 who have completed HKSF Junior Sail 1 (Can register for Junior sail 1 and 2 at the same time)
少年帆船第三級 Junior Sail 3	任何 8 至 12 歲青少年, 曾經完成中國香港帆船運動總會少年帆船第二級並考試合格 Any youth in age of 8 to 12 who have completed and passed HKSF Junior Sail 2
少年帆船第四級 Junior Sail 4	任何 8 至 12 歲青少年, 曾經完成中國香港帆船運動總會少年帆船第三級並考試合格 Any youth in age of 8 to 12 who have completed and passed HKSF Junior Sail 3

報名辦法

- 課程費用為每人港幣 220 元正。
- 開始接受報名日期：2025 年 4 月 15 日，中午 12 時正。
- 只接受網上報名，報名表格連結：
第一級：<https://forms.gle/Bt7Eh3ooBAys29656>
第二級：<https://forms.gle/dZsqHWNLMdFzpuHt9>
第三級：<https://forms.gle/DpFcUrp1VgD74no9>
第四級：<https://forms.gle/jBay6w36KHTsfN137>
- 獲取錄申請者將會另行通知繳費方法。
- 付款方式將通過電子郵件發送給被取錄之申請人。申請人需要在收到郵件後 3 天內付款，否則名額將會被取消。
- 名額以先到先得方式分配，額滿即止。
- 資料不全的申請，將一概不予受理。
- 本會將保留對上述條款之最後修訂權。

課程確認通知

課程開班前會以電郵寄出「確認通知書」以作核實。成功付款後，學員不可轉班或轉讓名額，退出者所繳交之費用一概不會退回。如課程未能如期舉行，本會將以電郵通知參加者。

若開班前一星期尚未收到任何通知，請致電我們查詢。

惡劣天氣安排

如香港天文台於上午七時發出紅色暴雨警告信號、黑色暴雨警告信號、三號或以上颱風信號課程將會取消。強烈季候風信號或雷暴警告，課程將會如常舉行，教練將會根據當日天氣情況作出安排。

如因惡劣天氣而取消當日課程，將安排補堂，詳情請向教練查詢。

聯絡查詢 Enquiry

電話 Tel: 2504 8159

電郵 Email: sa@sailing.org.hk

地址 Address: 香港銅鑼灣掃桿埔大球場徑一號奧運大樓一〇〇九室

Room 1009, Olympic House, 1 Stadium Path So Kon Po, Causeway Bay, Hong Kong

Application Procedures

- Course fee is HK\$220 per person.
- Application accepted on or after: **15 April 2025 at 1200 noon.**
- Only online registration is accepted. Application form link:
JS1: <https://forms.gle/Bt7Eh3ooBAys29656>
JS2: <https://forms.gle/dZsqHWNLMdFzpuHt9>
JS3: <https://forms.gle/DpFcUrp1VgD74no9>
JS4: <https://forms.gle/jBay6w36KHTsfN137>
- Successful applicants will be notified of the payment method.
- Payment method will be sent by email if the applicant got the space reserved. Applicant need to settle the payment within 3 days after receiving the email or the quota will be released to other applicants
- Enrolment will be accepted on a "First Come First Served" basis.
- Applications with incomplete information will not be processed.
- Sailing Federation of Hong Kong, China reserves its rights to revise the above procedures as appropriate.

Course Confirmation

A confirmation notification will be sent by email before the commencement of the course. Once the payment is done, no changing of course, transferring or refund will be entertained. In case a course cannot be held as scheduled, HKSF will inform applicants by email.

Please contact us if no notification is received one week before the commencement of the course.

Arrangement under Inclement Weather

Courses will be cancelled if the Hong Kong Observatory issued RED or BLACK rainstorm warning signal, typhoon signal No. 3 or higher at 7am.

For strong monsoon signal or thunderstorm warning, the course will be held as usual. Instructor will arrange suitable tasks regard to the prevailing weather conditions

If course cancelled due to inclement weather, makeup class will be arranged. Please contact the course instructor for further information.